

Faculty

Bonnie Cunningham, MA, PT, HPCS

Bonnie is a licensed Physical Therapist in the states of New York, New Jersey and Pennsylvania. She holds a Bachelor of Science and a Master of Arts in Physical Therapy and Master of Public Administration.

Bonnie is a registered member of the American Hippotherapy Association, Inc., a PATH Intl Certified Riding Instructor and certified as a National Assessor for riders interested in competing in national events and the Paralympics.

Bonnie is a certified clinical specialist in hippotherapy, coordinating faculty for American Hippotherapy Association, Inc., has taught internationally and presented at national conferences. Bonnie is a physical therapists who utilizes hippotherapy treatment strategies. She has served the American Hippotherapy Association, Inc. as their first executive director, a past board member and past board president.



www.americanhippotherapyassociation.org.

Continuing Education

A certificate of attendance will be provided. Contact hours total 27. Courses are not pre-approved unless indicated otherwise.

Travel/Hotel Information

Travel Info:

UpReach is located approximately ½ hour from Manchester-Boston Regional Airport, Manchester, NH (MHT) and a 1 hour from Logan Airport, Boston, MA. (BOS) Transportation arrangements to and from the facility will need to be made by the participants.

Places to Stay:

LaQuinta Inn & Suites

21 Front St Manchester, NH
603-669-5400 (closest to UpReach)

TownePlace Suites Manchester

686 Huse Rd Manchester, NH
603-641-2288

UpReach Therapeutic Equestrian Center, Inc.

603-497-2343

603-497-5367 (fax)

Kristen@upreachtrc.org

www.upreachtrc.org

The curriculum may be utilized only under conditions set forth by AHA, Inc.

UpReach Therapeutic Equestrian Center, Inc.

Presents:

AHA Inc. Approved Level I Hippotherapy Treatment Principles August 20-23, 2016



**UpReach
153 Paige Hill Rd.
PO Box 355
Goffstown, NH 03045
603-497-2343**

Level I Treatment Principles

This 4 day course is an overview of the principles of hippotherapy, designed for therapists (PT, OT, SLP, PTA, COTS, SLPA) interested in utilizing hippotherapy in their practice. The first day emphasizes the horse, and the importance of the quality of the horse's movement working in treatment. Using experiential non-mounted activities, the attendee will learn to interpret the body language of the horse; groom, tack and lead the therapy horse, recognize desirable conformation, soundness, movement quality, gaits, and understand training, conditioning and humane treatment of the therapy horse.

Building on these equine skills, the attendee will explore the dynamic system of therapist, patient, horse handler and horse as is applied in Hippotherapy. Topics include: the history and development of hippotherapy in the US, understanding the biomechanical and sensory interaction of horse/human, horse selection, safety principles, patient and horse selection, precautions and contraindications, patient evaluation, maximizing the effects of equine movement including use of school figures and movement progression, the role of the therapy team members, documentation, business aspects and current research in the effects of equine movement.

Adaptive riding instructors, horse handlers, administrators and others interested in hippotherapy treatment principles are welcome to attend, teamed with their therapist. Graduate occupational, physical and speech therapy students must be in their last semester of graduate school to be eligible to attend this course for credit.

Registration Information

All attendees will receive a hard copy of the AHA, Inc. Level I Treatment Principles Manual. The course fee also includes lunch. During the course you will be on and/or working directly with horses. Please have appropriate clothing/footwear. Helmets will be provided. If your weight exceeds 180#, you may be excused from the mounted portion of the course. Indicate any special restrictions on the registration form.

Cancellation Policies: AHA, Inc. and the host facility reserve the right to adjust course dates, times and faculty to accommodate unforeseen circumstances including cancellation of the course due to insufficient registration up to 3 weeks prior to the scheduled start date. Notification will only be made to advanced registrants. Neither AHA, Inc. nor the host facility is responsible for any expenses incurred by registrants due to such adjustments.

Participant cancellation requests must be made in writing no less than 3 weeks prior to the course start date to receive a refund, minus a \$100 administrative fee. No refunds will be given for cancellations received within three weeks prior to the start of the course.

Course prerequisite: Successful completion of the on-line "Intro to Equine Skills" test reviewing equine care and management. Completion of the test must be at least 3 weeks prior to the start of the course. You must send a copy of your certificate upon completion to the host facility. Visit the AHA, Inc. website under "Curriculum Overview," under the Education tab for a link to purchase.

Registration Form

Name: _____

Address: _____

City/ State/ Zip: _____

Phone: _____

Email: _____

*AHA, Inc. Member #/exp: _____

New memberships are accepted. Join today at www.americanhippotherapyassociation.org.

Credentials as listed on course certificate:

Non-therapists: *Please Circle one:* Riding Instructor / Horse handler /Administrator/ Other _____

Special needs-mobility restrictions/diet/etc...: _____

Registration is limited to 15 participants

Early registration on or before July 23, 2016

_____ \$700 for AHA, Inc. Member/\$775 for Non-AHA, Inc. Member

After July 23, 2016

_____ \$800 for AHA, Inc. Member/\$875 for Non-AHA, Inc. Member

___ Check - payable to UpReach

___ Charge MC VISA Discover

Name on Card _____

Card Number _____

Exp. Date _____ Security Code _____